

DISTRICT 8

# *When Chocolate Doesn't Work Anymore*

**FEBRUARY 15, 2025**

**8:45 - 9:00 -**

**Coffee and Fellowship**  
(with light bites for breakfast)

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**9:00 - 9:55**

**Panel 1 - Self-Care in Recovery**

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**10:00 - 10:55**

**Panel 2 - Emotional Sobriety**

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**11:00 - 11:55**

**Panel 3 - Sobriety and Your Relationships**

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**12:00 - 1:00ish**

**Fellowship and Lunch**

District 8 to provide Fried Chicken  
please bring a side dish to share



First Presbyterian Church - Lindsay Hall - 950 W. State St, Boise