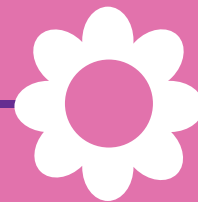




Welcome to the Party!



May 2024 Newsletter Edition 1

Hello everyone! I am so thankful that you have found your way here! My name is Hannah, and I am a grateful alcoholic who has also been given the opportunity to serve as the SICYPAA Liasson for Area 18! I love AA and I am passionate about service. My hope in creating this newsletter is to generate a space where young or young at heart people can connect virtually and find opportunities in their area to get involved in YPAA. YPAA has played a huge role in my recovery, and I hope this newsletter can play a role in someone else's.

The God Idea Did

Sitting on the steps of a church 500 miles from home, I knew that it would take a miracle to save me from myself. After a rollercoaster of trying to get sober for 3 years I once again found myself waking up homeless and jobless. This time I woke up in a town that I couldn't point to on a map, my dog and car had been impounded. I wish that I could say that this was unfamiliar for me but waking up in tragic circumstances or situations had become all too familiar. I sat on the steps of a church after being released from jail, I called my sponsor with a familiar sound of desperation in my voice and reached out to a friend in the fellowship as I was going to need an 8-hour favor in the form of a small road trip home. As I sat on the steps of that church all I could think about was a familiar line read at the top of most meetings "abandon yourself to god". I conceded to my conscious self that there must be a part of me that had not been willing to put down the fight, in the program I believe we refer to it as an innermost self. I began to say, "Look around, what are you holding onto?" I started to pray a little differently, I said a third step prayer and then I continued to pray for God to show me how to help someone else. I didn't know it at that moment because I had lost all faith in myself, but I had been defeated. The planning on how to fix the current tragedy stopped, I could see that my own ideas could no longer be trusted. After however many hundreds of times waking up to tragedies just like this, defeat sunk in and how grateful I am for every one of those tragedies I am now. I believe it could have taken me longer, but it couldn't have been shorter.



A posture and attitude I still carry today.

The God Idea Did cont'

I prayed for god to show me how to be helpful, shooting thoughts of maybe that looking like continuing to show up to meetings and being an example of the misery that comes when you go back out or what is waiting for those alcoholics that have not progressed yet to where my disease was shot across my consciousness. I figured that if it was in god's plan for me to be sober it would have happened by now. I had spent the last three years going to meetings daily, working with a sponsor, having a service position and yet I was unable to hold onto any meaningful sobriety. Maybe my role will be assigned to stay sick for whatever reason. The thoughts would come but I would quickly stay centered on how my own thoughts were not to be trusted. It was this sort of hopelessness that opened the door up for my innermost self to understand that I do not have a housing problem, money problems, relationship problems, or responsibility problems, I have a sobriety problem. That will be the only problem I will ever get to worry about again. I spent the next month's spending hours a day in prayer. Anytime the idea of a drink came up I would barter with God "I cannot be helpful to you if I am drunk" who knows how true that is, but I was desperate to work any angle with God to stay sober one more day. When I thought about praying for a job or a home or ease and comfort in any form, I would just pray for God to show me how to be helpful to someone else. I would say I do not know how to help others please show me. A posture and attitude I still carry today. I do not pray for others or for life to be different or for circumstances to turn out a certain way. I simply pray to be of service to others or for him to guide me or speak through me. If I am inviting God into everything that I do I am walking in the 3rd step. God has intervened on my behalf to keep me sober and has allowed me to walk through the steps without ever forgetting that everything that I get to do is so that I may be more helpful to someone else and not for my personal benefit or achievement. I could write a book about the miracles that have befallen me since that day but it's truly something you must experience. When I maintain the right attitude and posture with God it keeps me sober. One day at a time I've been allowed onto the broad highway walking hand in hand with fellow alcoholics as we try to avert the certain pain and misery that waits for our kind. We stand on the firing line of life with god's direction on our minds.

-Dakota H.

Want To Chat?

Haley: (208) 631-5385

Devin: (208) 809-5566

Claire: (208) 244-1847

Kartel: (916) 807-1305

Hannah: (208) 841-3446

Dakota: (208) 841-0188

Katie: (508) 364-7461

Stevie: (208) 371-3460

Communication is key! This electronic phone list was created to be utilized by young people in Area 18. These are members of BACYPAA who would be more than happy to help with any of your questions in regard to events or YPAA in general! We hope to hear from you soon!



What's Going On?

Events:

Memorial Day Picnic

Day: May 25th, 2024

Time: 1-5 p.m.

Place: Elm Grove Park 2200 W. Irene St, Boise, Idaho

Join BACYPAA and Atheist, Agnostics, and all Other Group for fellowship and fun!

BACYPAA Business Meeting

Day: Every 1st and 3rd Sunday of the Month

Time: 5:50

Place: Bikes and Beans Boise, Idaho

Join BACYPAA as we strive to serve the community and fulfill our primary purpose as members in Alcoholics Anonymous.

NACYPAA

Day: August 2-4, 2024

Time: All Day

Place: Lions Campground Lamoille Canyon, Nevada

Link for registration and information: [2024 Elko | NACYPAA](#)

For more opportunities and events please check the Area 18 Website.

If you have any questions about events or would like to submit an article please email me at sicypaa@idahoarea18aa.org