

Eastern Idaho Sobriety Corner

October 1

2020

Alcoholics Anonymous

Step 10- Continued to take personal inventory and when we were wrong promptly admitted it

Tradition 10- Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy

Step 10 Spiritual Principle-
PATIENCE/PERSEVERANCE – Steadfast despite opposition or adversity; able or willing to bear; to persist in an understanding in spite of counter influences.



Intergroup Officers

Chair:

open

Alt. Chair:

Benji P.
208-701-5747

Treasurer:

Shelley D.
208-521-8305

Secretary:

Mike W.
(208) 710-6484

AA Hotline:

Claudia H.
208-525-9290

Literature:

Lenny F.
208-360-4896
lennieofoz@aol.com (email preferred)

Entertainment Chair:

Teresa D.
210-857-8782

Newsletter:

Teresa D.
aaifnews@gmail.com

Other Contact Information

AA Hotline
208-524-7729

Area 18 Website

www.idahoarea18.org

Newsletter Email List

aaifnews@gmail.com

General Services

(GSO) Website
www.aa.org

The Grapevine

www.aagrapevine.org

Al-Anon*522-4947
Alateen* For more info call:
208-521-2235
(*in cooperation, not
affiliation)

District Contact Information

District 6 Chair

Marjri M.
208-520-6645

Special AA Committees

Support for individual
Suffering alcoholics is
provided by the following
AA committees:

Hospitals and Institutions (H&I)

H&I Chair/Liaison

Chris P.
208-821-2694

H&I Secretary

- Open Position

H&I Treasurer

- Open Position

Community Reintroduction Center (CRC) Liaison

Keith J.
208-521-4080

3-B Detention Center Liaison

Mike C.
208-520-3145

Men's Jail Liaison

Chris P.
208-821-2694

Women's Jail Liaison

Julie S. - 208-206-2273
Debra M.- 208-705-5119

Wood Pilot/Work Release Liaison

Chris P.
208-821-2694

Blackfoot South Liaison

Volunteer Needed

Public Information

CPC/PI
Mike W.
208-710-6484

.....information continued on
next page

Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

Committee Meeting Schedule – Please attend a District, Intergroup or Committee Meeting to get involved

District 6

1st Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Intergroup

1st Thursday of each month 6:45 p.m. Serenity Hall – Upstairs

IFYPAA

2nd Sunday of each month 2:00 p.m. @The Villa Coffeehouse

CPC/CI Committee

2nd Tuesday of each month 7:00-8:00 p.m. Serenity Hall – Downstairs

Hospitals & Institutions Committee

3rd Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Addresses

Serenity Hall

600 S Boulevard
PO Box 2237
Idaho Falls, ID 83401

Serenity Hall Information

Henry E – 208-569-0589
Daryl J. – 208-589-5225

Send Contributions to:

Idaho Falls Intergroup Council
PO Box 3486
Idaho Falls, ID 83401-3486

General Services Office
PO Box 459
Grand Central Station
New York, NY 10163 www.aa.org

District 6
PO Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
PO Box 50323
Idaho Falls, ID 83405

District 6 H&I

PO Box 50572
Idaho Falls, ID 83405

MEETING GROUP	GROUP CONSCIENCE	Celebrate Birthdays
The Buzz	1 st Saturday	
Clean and Sober	3 rd Saturday	Last Saturday
Coffee Break	3 rd Saturday	Last Saturday
Grace & Mercy	1 st Sunday	Varying Sundays
Grapevine	2 nd Sunday	Last Sunday
Great News	3 rd Friday	Last Friday
Happy Meals	2 nd Thursday	Last Thursday
IFYPAA	2 nd Saturday	
Just Stay	2 nd Thursday	Last Friday
Lincoln Group		Last Friday
Lunch Bunch	3 rd Friday	Last Friday
New Hope & Inspiration	1 st Monday	3 rd Monday
Third Tradition	2 nd Tuesday	Last Tuesday

Changes or Additions email
aaifnews@gmail.com

**District AA 6 Meeting Minutes
September 1, 2020**

Marjri M., - DCM, opened the meeting at 7:03 pm, and Jim T. read the Twelve Traditions.

Attendees: Marjri M. - DCM, Jim T.- Secretary, Debby S. -Treasurer, Casey L. -Grapevine, Brad S. – New Hope and Inspiration, Laurie C. -3rd Tradition, Joey B. – Great News GSR, Lee and Amy W. – Visitors.

Marjri, - DCM, presented Tradition 9.

Treasurer's report - See attached report. Moved to approve, seconded and approved report.

Secretary's Report – Jim T. Debbie S. and Marjri M. met with Wells Fargo Bank to add Marjri M. and Debbie S. to the bank account as signatories.

DCM Report – There is a 12 Concepts online workshop sponsored by District 8 and facilitated by Chris and David of Mill Park Australia on Saturday, October 10 at 2-4 PM. All members are encouraged to attend. Zoom ID: 896-4237-5398, Password: Awaken!

SPECIAL SERVICE COMMITTEES:

H & I – Chris P. has requested that groups a case of Portable Big Books be sent directly to the Bonneville County Jail for the jail and 3B. Moved, seconded and approved.
No changes in Jail status. See attached Report.

C/PI – Meets 3rd Tuesday of Month. See attached Report from Mike W.

Archivist – No report.

Grapevine – No report

OLD BUSINESS:

1. Checking account status – It was moved that Harry Heidkamp and Michelle Williams be replaced by Marjri McCracken and Debbie S----- as Key executives. Marjri McCracken has the title of President (DCM), Debbie S----- has the title of Treasurer, and James W, Tkachyk has the title of Secretary. These individuals will also be signers on the business account. Motion was seconded and approved.
2. Marjri M. has asked for any ideas for a new Alternate DCM. Contact her if you have any one expressing interest.

NEW BUSINESS:

1. Marjri M. presented the Area 18 Proposed 2021 Budget for group review prior to the Area 18 Fall Assembly.
2. Vote above to purchase books for Jai and 3B.
3. Fall Assembly to be held on Zoom; with round tables on Friday, October 2 at 7 PM; and the Assembly on Saturday, October 3 at 9 AM.

Adjourned at 7:55 with the Responsibility statement.

In Service,

James W. Tkachyk
Secretary

Meeting adjourned at 8:05 PM

Intergroup Meeting Minutes – SEP 2020

In attendance:

Teresa
Claudia
Amy
Shelley
Mark
Lenny
Steve

No Chairperson for the meeting Benji- was unable to make the meeting
No Secretary- Mike was on Self Quarantine

General Account Balance
1404.98
Entertainment \$473.18

Monthly Payments:
Century Link 59.13

Deposits:
Literature 102.00 from
Donations 289.07 from Lunch Bunch
123.59 from Great News
514. 66

Thank you to all who donated, your generosity is very much appreciated 😊

HOTLINE- Going great.

LITERATURE- Needs more pocket size books. Combine group order for books with H&I and CPC/PI

Lenny will be keeping the books at his house
Next month there will be nominations for the positions.

That concludes the notes for the minutes.

Monthly Article

Hole In The Soul

Brian M.
Coffee Break Group

When I was first getting sober in Alcoholics Anonymous, there were many young people in the age range of 15 -20 years old attending meetings. I suspect much of the reason for this was that the insurance coverages for alcohol and drug rehab were much more generous then. With their attendance they brought a lot of energy and some nuggets of wisdom to AA meetings.

One of their favorite sayings was, "God doesn't make junk," which I loved. But another one that resonated with me even more was when they would share on their "hole in their soul." Some would say, "my hole is so large I can almost hear the wind blowing through it."

At first I didn't understand what the hole in the soul was. Were they referring to the absence of religion in their soul? Was it that because they weren't going to church? If so my early reaction didn't want any part of whatever they were talking about.

Eventually I was able to overcome my "contempt prior to investigation" when I realized that I, too, had an emptiness inside of me that was not only barren of hope and joy but also had an endless need to fill and satisfy. This feeling had been there since childhood. My attempts to fill that hole in the soul started with a lot of day dreaming and fantasizing and as I got older progressed to music, food, and then alcohol. These were all distractions so that I wouldn't have to deal with that emptiness inside of me.

The drinking compounded the need to satiate the empty soul and so I added drugs, sex, compulsive buying and in addition was always looking for that perfect woman who could still the pain coming from that hole. Upon getting sober I could start to see how none of those things really worked for very long if at all.

Furthermore, I was to learn from members of Alcoholics Anonymous that others had suffered from it and had reached out to alcohol to kill that emptiness but failed as well. A few took their description a step further. They said that the hole was "God shaped" and that God could fill it if God were sought.

This sounded good to me, but one of the difficulties of doing this was that which I found in the first sentence of the Third Step Prayer. "God, I offer myself to Thee..." The idea of making this offer was scary to me because what if God turned me into something I didn't want to be? I was wrong once again for it did not happen.

Today, I try on a daily basis to fill that hole with my Higher Power. Some days I have more willingness than other days to work on this. Over time I have slowly become the man whom I like and enjoy being. God has shaped my life into one of happiness and contentment that I did not think was possible for me. I just had to quit filling my hole in soul with all of the stuff that didn't work and begin healing that hole with a loving God of my understanding.



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Tradition 10-
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MEETING NEWS

Great News is still meeting virtually and has no plans to meet face to face for the next month.

LINCOLN GROUP is meeting in person – Friday's at 8:00pm – downstairs at Serenity Hall

Grace and Mercy - Sunday's @ 1200 – The Center for Hope *this is a closed meeting*

Lunch Bunch has resumed regular meetings at a NEW location – The Center for Hope – on Monday, Wednesday and Friday at 11:30

New Hope and Inspiration is meeting every Monday night at 7:30 at the Bridge Church.

CHECK MEETING SCHEDULE FOR MORE MEETING DAYS AND TIMES 😊

Each group should submit monthly Birthdays to aaifnews@gmail.com by the 20th of each month for inclusion in the Newsletter.



October Birthdays

<u>Clean and Sober</u>	<u>Years</u>	<u>Happy Meals</u>	<u>Years</u>	<u>Just Stay</u>	<u>Years</u>
Candace N.	3	Forde J.	38	Buck H.	13
Donnie	2			Libertie P.	10
Joseph S.	2			Jen M.	3

<u>Lincoln Group</u>	<u>Years</u>	<u>New Hope & Inspiration</u>	<u>Years</u>	<u>Grapevine</u>	<u>Years</u>
Dusty G.	31	Martie F.	9	Alex E.	1
Joe M.	31	Ally V.	3		
Buck H.	13	Hal T.	3		
Cathy J.	13	Mario C.	2		
Lance H.	12				
Brett P.	7				
Justin N.	6				
Zac M.	5				
Mario G.	5				
Jessica A.	4				
Jen M.	3				