

Eastern Idaho Sobriety Corner

February 1

2020

Alcoholics Anonymous

Step 2- Came to believe that a Power greater than ourselves could restore us to sanity

Tradition 2- For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Step 2 Spiritual Principle-
HOPE – To expect with desire; something on which hopes are centered.



Intergroup Officers

Chair:

Jeff S.
208-380-4155

Alt. Chair:

Benji P.
208-701-5747

Treasurer:

Carol F.
208-844-1365

Secretary:

Mike W.
(208) 710-6484

AA Hotline:

Vanessa B.
208-270-9397

Literature:

Lenny F.
208-360-4896
lennieofoz@aol.com (email preferred)

Entertainment Chair:

Teresa D.
210-857-8782

Newsletter:

Teresa D.
aaifnews@gmail.com

Other Contact Information

AA Hotline
208-524-7729

Area 18 Website

www.idahoarea18.org

Newsletter Email List

aaifnews@gmail.com

General Services

(GSO) Website
www.aa.org

The Grapevine

www.aagrapevine.org

Al-Anon*522-4947
Alateen* For more info call:
208-521-2235
(*in cooperation, not
affiliation)

District Contact Information

District 6 Chair

Jim T.
208-351-0591

Special AA Committees

Support for individual
Suffering alcoholics is
provided by the following
AA committees:

Hospitals and Institutions (H&I)

H&I Chair/Liaison

Chris P.
208-821-2694

H&I Secretary

- Open Position

H&I Treasurer

- Open Position

Community Reintroduction Center (CRC) Liaison

Keith J.
208-521-4080

3-B Detention Center Liaison

Mike C.
208-520-3145

Men's Jail Liaison

Chris P.
208-821-2694

Women's Jail Liaison

Julie S. - 208-206-2273
Debra M.- 208-705-5119

Wood Pilot/Work Release Liaison

Chris P.
208-821-2694

Blackfoot South Liaison

Volunteer Needed

Public Information

CPC/PI

Marvin W.
208-317-7754
aaamarv@hotmail.com

.....information continued on
next page

Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

Committee Meeting Schedule – Please attend a District, Intergroup or Committee Meeting to get involved

District 6

1st Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Intergroup

1st Thursday of each month 6:45 p.m. Serenity Hall – Upstairs

IFYPAA

2nd Sunday of each month 2:00 p.m. @The Villa Coffeehouse

CPC/CI Committee

2nd Tuesday of each month 7:00-8:00 p.m. Serenity Hall – Downstairs

Hospitals & Institutions Committee

3rd Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Addresses

Serenity Hall

600 S Boulevard
PO Box 2237
Idaho Falls, ID 83401

Serenity Hall Information

Henry E – 208-569-0589
Daryl J. – 208-589-5225

Send Contributions to:

Idaho Falls Intergroup Council
PO Box 3486
Idaho Falls, ID 83401-3486

General Services Office
PO Box 459
Grand Central Station
New York, NY 10163 www.aa.org

District 6
PO Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
PO Box 50323
Idaho Falls, ID 83405

District 6 H&I

PO Box 50572
Idaho Falls, ID 83405

MEETING GROUP	GROUP CONSCIENCE	Celebrate Birthdays
The Buzz	1 st Saturday	
Clean and Sober	3 rd Saturday	Last Saturday
Coffee Break	3 rd Saturday	Last Saturday
Grace & Mercy	1 st Sunday	Varying Sundays
Grapevine	2 nd Sunday	Last Sunday
Great News	3 rd Friday	Last Friday
Happy Meals	2 nd Thursday	Last Thursday
IFYPAA	2 nd Saturday	
Just Stay	2 nd Thursday	Last Friday
Lincoln Group		Last Friday
Lunch Bunch	3 rd Friday	Last Friday
New Hope & Inspiration	1 st Monday	3 rd Monday
Progressive Group		Last Saturday
Third Tradition	2 nd Tuesday	Last Tuesday
Westside	Last Friday	Last Friday

Changes or Additions email
aaifnews@gmail.com

District 6 Meeting Minutes

1/7/20 District Meeting

Attendance -

Cory - DCM

Chris - H and I

David - Coffee Break GSR

Joey - Great News GSR

Lori - 3rd Tradition GSR

Lenny - Intergroup Literature

Marjri - Alt. DCM

Brian - Archives

Jimmy - New Member

12 Traditions were read by David

Marjri discussed the 1st Tradition

Reports

Secretary report - minutes were ready by Cory. Motion to accept (Brian) seconded and passed

Treasures report read by Cory. Big thanks to Happy Meals and Intergroup for their donations and support for the gratitude dinner!! Motion passed and accepted

H&I Chris is looking for groups to "sponsor" grapevine subscriptions for jail meetings. About 4 subscriptions are needed and cost about \$29

CPC/PI - No Report

Archives - Brian is scanning documents to archives and will go to groups to learn about the beginning / origins

Grapevine is open

IFYPAA is open

Group Reports - Coffee Break, Great News, 3rd Tradition, Grace and Mercy moved to office buildings behind EIRMC and ER - Room 205 and Jimmy announced new meeting Wednesday at 7 at Serenity Hall.

Old Business

Mileage rates for reimbursement for DCM travel to conferences were discussed. Lori made a motion to adjust the mileage rate from 48-cents to 35-cents. 5 yay / 1 nay. No minority response. Motion passed

Marjri discussed the 13th step workshop Feb 8th 12 - 1:30

New Business

GSR forms for incoming GSRS

Motion to close.

Intergroup Meeting Minutes – JAN 2020

In attendance:

Jeff S-Chair
Carol F-Treasurer
Cory E-DCM
Vanessa V-Hotline
Mike W-Secretary
Teresa D-Entertainment
Chris P-H&I Chair
Matt P-Visitor

Meeting opened at 6:50

Mike W read the Intergroup minutes from previous month.

Carol F gave Treasurer report. \$130.00 submitted to Intergroup from Entertainment for reimbursement of Christmas Party turkeys. \$14.00 from Alc-a-thon deposited. \$347.00 for Literature deposited. \$56.77 paid to Century Link for Hotline. Ending balance as of 13 JAN 20 for General account: \$894.41

Entertainment-

Teresa D gave a brief Entertainment report. The Christmas party was a success. No additional regarding Entertainment. Balance as of 31 JAN 20 for Entertainment: \$1,141.44. Thank you Great News for your donation!

Hotline-

Vanessa V gave brief Hotline report. The hotline currently has 17 volunteers and is always looking for more volunteers.

Literature-

No literature report at this time.

H&I-

H&I meets on the 3rd Tuesday of each month. The meeting starts at 7 O'clock and is downstairs in the basement of Serenity Hall.

H&I is asking/looking for financial donations or material donations to go towards literature. (I.e. pocket size big books etc...)

For any additional questions regarding this, please contact Chris P

Meeting was closed at 7:02



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“Our Common Welfare Comes First...”

Brian M.
Coffee Break Group

“Our Common Welfare Comes First...” These of course are the first words of the AA Tradition One. They rang hollow when I first heard them and continued that way for a while. Since I was a staunch but unknowing practitioner of the “me first” mindset, this approach made no sense to me. Besides, I saw myself as an individualist whose ways were far superior to others so why be part of the crowd?

Later I began to notice the spiritual power of one alcoholic talking to another. There was something special that could occur when all other forms of human help had failed and that something special was sobriety. But before this happened a mutual sense of identification between the two alcoholics based upon a shared common bond had to be in force.

Unfortunately all of these realizations were squelched by my need to stand out in AA. Driven by the idea that my situation and life needs seemed quite different from everyone else’s, I thought I needed “special recognition” to stay sober. Unbeknownst to me was that my rationalization lacked soundness of logic and truth. Besides, I thought that by not standing out in AA that I would become the hole in the donut

Through the gentle but direct urgings of those more experienced members around me I started to understand that I was suffering from a case of “terminal uniqueness.” They were also able to show me that although every one of us in AA is unique with unique experiences, the shared AA solution would work for me. I started to understand that holding myself out as different from other alcoholics was not only harmful to myself but might be harmful to other alcoholics.

Eventually I was able to put my ego driven needs second to the welfare of my home group to help ensure the continued survival of that group. Without the group I would not survive the demands of recovery from alcoholism by myself. Secondly, putting my ego on the shelf for the time being would be of great benefit to the newcomer for they could see that through me that it was possible for anyone to get sober using AA’s program of recovery.

Over the years I have been tempted on more than one occasion to stand out from the rest of the AA membership both in meetings and outside of them. But again by reeling my fragile ego back into a manageable state I can experience the happiness, joy and freedom that my Higher Power wants for me while helping others.

Each group should submit monthly Birthdays to aafnews@gmail.com by the 20th of each month for inclusion in the Newsletter.



February Birthdays

Clean and Sober

	<u>Years</u>
Mary S.	2
Melissa C.	2

Third Tradition

	<u>Years</u>
Craig A.	32
Laurie C.	31
Shelley D.	2

Lunch Bunch

	<u>Years</u>
Happy Jack	19
Chuck M.	13
Cheryl P.	6

Happy Meals

	<u>Years</u>
Doug D.	32
Mark C.	15
Roger P.	10

Coffee Break

	<u>Years</u>
Jeni P.	4
Jeff R.	3
Cecil P.	1
Kristy A.	3

Just Stay

	<u>Years</u>
Happy Jack	19
Mary Ann F.	7
Jake T.	5
Lori F.	4
Lucy M.	3
Caitlyn	1
Jen B.	1
Michelle R.	1
Sandy Y.	1
Ty B.	1

Lincoln Group

	<u>Years</u>
Lisa K.	10
Lynn L.	35

Grapevine Group

	<u>Years</u>
Mark C.	15
Kevin C.	1

New Hope & Inspiration

	<u>Years</u>
Laurie C.	31
Jill C.	3
Bill B.	2

Need
volunteers
for AA
Hotline

Contact Vanessa B. to volunteer

208-270-9397