

Eastern
Idaho
Sobriety
Corner

January 1

2020

Alcoholics Anonymous

Step 1-We admitted we were powerless over alcohol—that our lives had become unmanageable

Tradition 1-Our common welfare should come first; personal progress depends upon AA unity

Step 1 Spiritual Principle-
HONESTY – Fairness and straight forwardness of conduct: adherence to the facts



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Intergroup Officers

Chair:

Jeff S.
208-380-4155

Alt. Chair:

Benji P.
208-701-5747

Treasurer:

Carol F.
208-844-1365

Secretary:

Mike W.
(208) 710-6484

AA Hotline:

Vanessa B.
208-270-9397

Literature:

Lenny F.
208-360-4896
lenniefoz@aol.com (email preferred)

Entertainment Chair:

Teresa D.
210-857-8782

Newsletter:

Teresa D.
aaifnews@gmail.com

Other Contact Information

AA Hotline
208-524-7729

Area 18 Website

www.idahoarea18.org

Newsletter Email List

aaifnews@gmail.com

General Services

(GSO) Website
www.aa.org

The Grapevine

www.aagrapevine.org

Al-Anon*522-4947
Alateen* For more info call:
208-521-2235
(*in cooperation, not
affiliation)

District Contact Information

District 6 Chair

Jim T.
208-351-0591

Special AA Committees

Support for individual
Suffering alcoholics is
provided by the following
AA committees:

Hospitals and Institutions (H&I)

H&I Chair/Liaison

Chris P.
208-821-2694

H&I Secretary

- Open Position

H&I Treasurer

- Open Position

Community Reintroduction Center (CRC) Liaison

Keith J.
208-521-4080

3-B Detention Center Liaison

Mike C.
208-520-3145

Men's Jail Liaison

Chris P.
208-821-2694

Women's Jail Liaison

Julie S. - 208-206-2273
Debra M.- 208-705-5119

Wood Pilot/Work Release Liaison

Chris P.
208-821-2694

Blackfoot South Liaison

Volunteer Needed

Public Information

CPC/PI

Marvin W.
208-317-7754
aaamarv@hotmail.com

.....information continued on
next page

Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

Committee Meeting Schedule – Please attend a District, Intergroup or Committee Meeting to get involved

District 6

1st Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Intergroup

1st Thursday of each month 6:45 p.m. Serenity Hall – Upstairs

IFYPAA

2nd Sunday of each month 2:00 p.m. @The Villa Coffeehouse

CPC/CI Committee

2nd Tuesday of each month 7:00-8:00 p.m. Serenity Hall – Downstairs

Hospitals & Institutions Committee

3rd Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Addresses

Serenity Hall

600 S Boulevard
PO Box 2237
Idaho Falls, ID 83401

Serenity Hall Information

Henry E – 208-569-0589
Daryl J. – 208-589-5225

Send Contributions to:

Idaho Falls Intergroup Council
PO Box 3486
Idaho Falls, ID 83401-3486

General Services Office
PO Box 459
Grand Central Station
New York, NY 10163 www.aa.org

District 6
PO Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
PO Box 50323
Idaho Falls, ID 83405

District 6 H&I

PO Box 50572
Idaho Falls, ID 83405

MEETING GROUP	GROUP CONSCIENCE	Celebrate Birthdays
The Buzz	1 st Saturday	
Clean and Sober	3 rd Saturday	Last Saturday
Coffee Break	3 rd Saturday	Last Saturday
Grace & Mercy	1 st Sunday	Varying Sundays
Grapevine	2 nd Sunday	Last Sunday
Great News	3 rd Friday	Last Friday
Happy Meals	2 nd Thursday	Last Thursday
IFYPAA	2 nd Saturday	
Just Stay	2 nd Thursday	Last Friday
Lincoln Group		Last Friday
Lunch Bunch	3 rd Friday	Last Friday
New Hope & Inspiration	1 st Monday	3 rd Monday
Progressive Group		Last Saturday
Third Tradition	2 nd Tuesday	Last Tuesday
Westside	Last Friday	Last Friday

Changes or Additions email
aaifnews@gmail.com

District 6 Meeting Minutes

DEC 2019 - District 6 Meeting Minutes

December 3, 2019

Jim T., DCM, opened the meeting at 7:00 pm. John M. read the Twelve Traditions.

Attendees: Jim T. – DCM; Joey B. – Great News GSR; John M. – Third Tradition GSR; Lauri -Third Tradition GSR Elect; Cory E. – Alt. DCM; Brad S. – New Hope & Inspiration GSR; Marjri M. – Grace & Mercy GSR; Deb S.– Westside GSR; Marv W. CPC/PI Chair

Cory E., Alt. DCM, presented the twelfth Concept for World Service.

GROUP REPORTS:

New Hope & Inspiration: Brad S. reported that attendance at the Monday night meeting has been steady although last night's meeting (December 2) was about 20 attendees, which is about half of the normal.

Thank you from the DCM;

Jim gave thanks for the support he has received the past two years and welcomed Cory to the position of DCM.

SPECIAL SERVICE COMMITTEES:

1. H&I (Becky W.): No report.
2. CPC/PI (Marv W.): We placed literature and meeting schedules in 8 literature racks around Idaho Falls. We visited Eagle Rock Middle School and talked with 130 8th graders on November 21. Throughout the year we have talked to approximately 700 8th and 9th graders between Eagle Rock, Taylor View and Skyline. By the end of the school year we will talk to approximately 750 more 8th and 9th graders at these schools. Michael W. will be taking the position of District 6 CPC/PI Chair for the next rotation.
3. Grapevine (Mark C.): No report.
4. Archives (Brian M.): No report.
5. IFYPAA (Emily K): No report.

Treasurer's report was presented by Jim T.

November 2019 DISTRICT 6 TREASURER'S REPORT

(November 2019 Income & Expenses)

Balance Forward: \$1,411.89

Income: MEETINGS: Happy Meals \$45

Gratitude Dinner ticket sales \$250

Expenses: \$ - CPC/PI Literature \$100.94

Gratitude dinner catering \$500.00

Gratitude dinner Facility Rental \$30.00

Total Expenses: \$ - 630.94

Current Balance: \$1,075.95

Prudent Reserve: \$ -200.00

Non-earmarked total: \$875.95

(A group that recently disbanded donated their remaining balance to the District. This will be reflected in the December budget report)

OLD BUSINESS:

1. The Gratitude dinner in November was well attended and speaker was well received
2. Marjri will stand in as Alternate DCM. The vote was unanimous in favor. Jim T. will help fill in as Secretary until a permanent person is found.
3. There was additional discussion on the amendment to the guidelines concerning lowering the mileage reimbursement to 35 cents from 48 cents for the DCM to attend the Area 18 conference. There were concerns raised

that the federal standard rate is now over 50 cents per mile and that we would be going the wrong direction. It was suggested that the traveler rent a car, which is much cheaper. The final vote will be in the January District meeting. Attendees were encouraged to bring the discussion back to their groups.

NEW BUSINESS

1. Cory handed out flyers for distribution that list the current District open positions.
 2. Marjri and Cory have planned a panel discussion regarding the 13th Step and AA Safety on February 8th at Serenity Hall.
 3. It was suggested that a workshop for new GSRs be planned for some time in March. It was felt that the individual groups need to be contacted to reinforce the need for an active GSR before final planning of the workshop.
- Meeting adjourned at 8:12 pm.

Intergroup Meeting Minutes – DEC 2019

Donna Johnson-Just Stay
Cory Edmondson-District
Lenny Fraser-Great News-Literature
Teresa D- Entertainment Chair
Mandy H- Clean and Sober
Keith J. Great News
Jerry A.- Clean and Sober
Mark B. Third Tradition
Carol F. Treasurer
Mike W. Secretary/Coffee Break

Teresa D read the minutes from November's meeting.
Carol F made a motion to accept minutes.
Minutes were given a 2nd, and motion was passed.

Literature- Books were sold to Just Stay, The Buzz
Lenny F would like to get a receipt book for the literature sales.
Every monthly Intergroup meeting, Lenny will transfer money from literature sales to Carol F.
A motion was made to purchase receipt by Teresa D.
Motion was seconded and passed.

Entertainment-
Chili Cookoff made \$61.00

Sandy R will be speaking at the Holiday Dinner.
Carol and Teresa D will be picking up Turkeys for the Christmas party.
Intergroup General account will pay for Turkeys.

District Report-
Workshop/Panel discussion will be held on the 13th Step.

On the table for next week-

Mandy H brought up the idea of a Big Book donation drive.

Motion was made to adjourn the meeting.



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Don't Leave Five Minutes AFTER The Miracle Happens

Brian M.
Coffee Break Group

One of the hardest things I've done in my life was to go to my first AA meeting. It was difficult because I thought AA was simply a collection of losers, whiners and weak-willed nit wits who didn't have the will power to handle their booze. I also thought their meetings would consist of complaining about the evils of alcohol and of those who drank it. It didn't matter that I had no real or fact based knowledge of AA, I just knew that was the way it was.

How wrong I was! My first meeting consisted of a group of men and women of whom many shared about their struggles with alcoholism and how they recovered from it. I found this to be both odd but appealing. In fact there was enough attraction for me to return to several more AA meetings.

Along with myself were a few other newcomers who kept coming back. As the weeks went by we were joined by a few more newcomers of whom some were court ordered and others were not. Whether there voluntarily or not I heard many share with energy and passion how grateful they were to be sober. I have never doubted their sincerity when they uttered those statements.

I could see Step One working in these individuals. I could see the relief they were experiencing from being relieved of untreated alcoholism. This was the miracle of Alcoholics Anonymous and a Higher Power at work. The miracle of AA had happened!

But within a few weeks later I would no longer see most of these individuals in meetings. I was to learn that many of them relapsed and were no longer sober. What had happened to them? Why weren't they still sober?

Sobriety for most including myself was difficult at the beginning. But it occurred because of Step One and the grace of a loving Higher Power who granted us those miraculous days of sobriety. Let us remember not to leave sobriety after the miracle happens, for many who do so never return.

Each group should submit monthly Birthdays to aafnews@gmail.com by the 20th of each month for inclusion in the Newsletter.



January Birthdays

Clean and Sober

	<u>Years</u>
Doug H.	35
Johanna H.	12
Rob Rob	8
Brandon	2
Mike B.	2
Brandi	1

Happy Meals

	<u>Years</u>
JoAnn C.	10
T. Jason	3
Gerry B.	1

Just Stay

	<u>Years</u>
Scott Y.	39
Renee	12
Thomas C.	4
Ben B.	2
Kellie G.	2
Danno	1

Lincoln Group

	<u>Years</u>
Vicky H.	21
Ken C.	19
Doug W.	10
Jason G.	10
Mark W.	10
Roland B.	7

Lunch Bunch

	<u>Years</u>
Scott Y.	39
Jim T.	33
Chris W.	28
Cory B.	8
Richard C.	4
Shauna S.	3

Coffee Break

	<u>Years</u>
Mike P.	2
Mike W.	1

Third Tradition

	<u>Years</u>
Josh S.	3

New Hope & Inspiration

	<u>Years</u>
Buttons B.	35
Chris W.	28
John B.	23
Jenn B.	4
Craig P.	1

Need
volunteers
for AA
Hotline

Contact Vanessa B. to volunteer

208-270-9397