

Eastern Idaho Sobriety Corner

August 1

2019

Alcoholics Anonymous

Step 8- *Made a list of all persons we had harmed, and became willing to make amends to them all*

Tradition 8- Alcoholics Anonymous Should Remain Forever Nonprofessional, but Our Service Centers May Employ Special Workers

Step 8- Spiritual Principle-

LOVE – Unselfish concern that freely accepts another in loyalty and seeks his good to hold dear



August

Intergroup Officers

Chair:

Jeff S.
208-380-4155

Alt. Chair:

Benji P.
208-701-5747

Treasurer:

Carol F.
208-844-1365

Secretary:

Teresa D.
210-857-8782

AA Hotline:

Mike C.
208-520-3145

Literature:

Open Position

Entertainment Chair:

Teresa D.
210-857-8782

Newsletter:

Teresa D.
aaifnews@gmail.com

Other Contact Information

AA Hotline

208-524-7729

Area 18 Website

www.idahoarea18.org

Newsletter Email List

aaifnews@gmail.com

General Services

(GSO) Website

www.aa.org

The Grapevine

www.aagrapevine.org

Al-Anon*522-4947
Alateen* For more info call:
208-521-2235
(*in cooperation, not
affiliation)

District Contact Information

District 6 Chair

Jim T.
208-351-0591

Special AA Committees

Support for individual
Suffering alcoholics is
provided by the following
AA committees:

Hospitals and Institutions (H&I)

H&I Chair/Liaison

Elisa S.
253-217-2010

H&I Secretary

- Open Position

H&I Treasurer

- Open Position

Community Reintroduction Center (CRC) Liaison

Keith J.
208-521-4080

3-B Detention Center Liaison

Mike C.
208-520-3145

Men's Jail Liaison

Doug M.
208-313-4732

Women's Jail Liaison

Julie S.
208-206-2273

Wood Pilot/Work Release Liaison

Chris P.
208-419-1120

Blackfoot South Liaison

Volunteer Needed

Public Information

CPC/PI

Marvin W.
208-317-7754
aamarv@hotmail.com

.....information continued on
next page

Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

Committee Meeting Schedule – Please attend a District, Intergroup or Committee Meeting to get involved

District 6

1st Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Intergroup

1st Thursday of each month 6:45 p.m. Serenity Hall – Upstairs

IFYPAA

2nd Sunday of each month 2:00 p.m. @The Villa Coffeehouse

CPC/CI Committee

2nd Tuesday of each month 7:00-8:00 p.m. Serenity Hall – Downstairs

Hospitals & Institutions Committee

3rd Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Addresses

Serenity Hall

600 S Boulevard
PO Box 2237
Idaho Falls, ID 83401

Serenity Hall Information

Henry E – 208-569-0589
Daryl J. – 208-589-5225

Send Contributions to:

Idaho Falls Intergroup Council
PO Box 3486
Idaho Falls, ID 83401-3486

General Services Office
PO Box 459
Grand Central Station
New York, NY 10163 www.aa.org

District 6
PO Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
PO Box 50323
Idaho Falls, ID 83405

District 6 H&I

PO Box 50572
Idaho Falls, ID 83405

MEETING GROUP	GROUP CONSCIENCE	Celebrate Birthdays
The Buzz	1 st Saturday	
Clean and Sober	3 rd Saturday	Last Saturday
Coffee Break	3 rd Saturday	Last Saturday
Grace & Mercy	1 st Sunday	Varying Sundays
Grapevine	2 nd Sunday	Last Sunday
Great News	3 rd Friday	Last Friday
Happy Meals	2 nd Thursday	Last Thursday
IFYPAA	2 nd Saturday	
Just Stay	1 st Thursday	Last Friday
Lincoln Group		Last Friday
Lunch Bunch	3 rd Friday	Last Friday
New Hope & Inspiration	1 st Monday	3 rd Monday
Progressive Group		Last Saturday
Third Tradition	2 nd Tuesday	Last Tuesday
Turning Point	3 rd Sunday	Last Sunday
Westside	Last Friday	Last Friday

Changes or Additions email
aaifnews@gmail.com

**District 6 Meeting Minutes
July 2, 2019**

Jim T., DCM, opened the meeting at 7:02 pm. Cris W. read the Twelve Traditions.

Attendees: Jim T. – DCM; Marjri M. – Grace & Mercy GSR; Cris W. – Lunch Bunch Alt. GSR; Deb S. – Westside GSR; Harry H. – Treasurer; Cory E. – Alt. DCM; Mike – Coffee Break Alt. GSR; John M. – Third Tradition GSR; Elizabeth B. – Great News Alt. GSR; Joey B. – Great News GSR; Brian M. – Archivist; Michelle W. – Secretary.

Cory E., Alt. DCM, presented the Seventh Concept for World Service.

GROUP REPORTS:

Westside: Deb S. reported that attendance at the Westside meeting on Friday continues to slow. To encourage more participation, the group is considering moving its meeting from 8 pm to 7 pm.
Coffee Break: Mike told the District Committee that his group has concerns about the best way to handle the signing of court cards. Suggestions were given by other committee members, but ultimately the decision has to be made during the Coffee Break's Group Conscience.
Third Tradition: Effective July 2, 2019, Third Tradition will meet at 570 S. Woodruff Ave., across the street from Smith's Food King and Jack-in-the-Box.

SPECIAL SERVICE COMMITTEES:

1. **H&I** (Becky W.): No report.
2. **CPC/PI** (Marv W.): CPC/PI continues to place literature in six places around Idaho Falls. The committee had two volunteers attend the community roundtable at ISU's "Navigating Tools for Reentry." The committee has been invited to participate in the Community Information Resource Fair on August 29 at ISU's Bennion Student Union and is looking for volunteers for that day. Because of Marv's travels this summer, CPC/PI meetings will be handled via email. The regularly scheduled monthly meetings (second Tuesday of the month at Serenity Hall) will not be held until further notice.
3. **Grapevine** (Mark C.): No report.
4. **Archives** (Brian M.): No report.
5. **IFYPAA** (Emily K): No report.

Treasurer's report was presented by Harry H. Accepted as read.

JULY 2019 DISTRICT 6 TREASURER'S REPORT

(June 2019 Income & Expenses)

Balance Forward:	\$1,561.88	
Income:	\$ +0.00	
Expenses:	\$ -241.96	#1123: Jim T., DCM 2019 Spring Assembly
	-46.00	#1121: USPS, 6 months PO Box Rent
Total Expenses:	\$ -287.96	
Current Balance:	\$1,273.92	
Prudent Reserve:	\$ -200.00	
Non-earmarked total:	\$1,073.92	

OLD BUSINESS:

1. District 6 Committee is entertaining the idea of sponsoring an activity, such as a Gratitude dinner with a speaker, in November. Cory E. presented the committee with a possible venue and dining options, along with associated costs. Discussion included the idea of selling tickets to help defray costs and also the possibility of opening the event to all Southeastern Idaho districts (1,6,7 and 12). GSRs were asked to take the idea to their groups for further opinions and/or suggestions.
2. Election of District 6 Trusted Servants for next rotation: All committee members were asked to consider standing or to find persons willing to stand for the service rotation that begins January 1, 2020. A motion was passed to elect those officers in October.

NEW BUSINESS

1. Group meeting schedules: Cory E. compared Intergroup meeting schedule to Area 18 AA website to determine if there were any discrepancies between the two.

Meeting adjourned at 8:01 pm.

Intergroup Meeting Minutes – July 2019

Attending: Benji P. – Alternate Chair, Teresa D. – Entertainment Chair, Carol F. – Treasurer, Cory E. – Alternate DCM

AA letter for bank to remove names from Wells Fargo bank account(s). Carol F. and Teresa D. are current Officers of Intergroup, as such their names are currently on the bank account(s). Need to add two more Intergroup Officers names to bank account(s). Treasurer Report: General Account-\$1571.66 as of 6/20/19. AA Hotline was not operational due to unpaid balance for Century Link. Carol paid bill in full - \$107.02 which brings us current through July 2019. Auto-pay set up for Century Link. Rent for Serenity Hall paid through July 2019 at \$10.00 per month. AA Hotline-no report. Guest speaker selected for Annual Campout. Chukars Alcohol Free night August 23rd-Cory E. has tickets for sale.



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AA Rules 62 and 63
Brian M. – Coffee Break

Within Tradition Four of the AA “Twelve Steps and Twelve Traditions” is the explanation of how “Each group should remain autonomous except in matters affecting other groups or A.A. as a whole.” This tradition among other things “affirms how each group has the right to be wrong.”

For AA to come to this realization involved the same painful process that the other Twelve Traditions had to go through. It was based upon the experience of trial and error. But although the basis for the creation of our Traditions was sometimes agonizing and uncomfortable, the end result was a set of principles that have helped ensure AA’s continued existence.

Towards the end of this chapter is a description of an AA member and his group who had all kinds of ideas of how they could help the still suffering alcoholic. These ideas included the construction of a three story facility that contained various ways to guide the newly recovering alcoholic into sobriety.

In doing so this member created a list of 61 rules that were to be followed to become a member of their group. After completing and reviewing the list they noticed the enormity of these rules. Then, he and his group experienced a moment of clarity. They realized that should all of these rules be enforced, no one would qualify for group membership including themselves.

He completed his list by adding a final Rule #62. “Don’t take yourself too seriously.”

I have experienced many times in sobriety when I have taken myself much too seriously. I have gotten upset and even angry over issues and actions that were in the big picture of things insignificant and unimportant. I have in the words of some AA members engaged in “pole vaulting over mouse turds.”

This classic Rule #62 is often quoted by our more serene and wise members when they recognize the need for it. Thank God they do it! But it would be timely to mention another rule that I have discovered during my time in sobriety. A rule that is far less known but that is nevertheless true and that is Rule #63, which states: “Don’t take the other guy too seriously.”

Each group should submit monthly Birthdays to aafnews@gmail.com by the 20th of each month for inclusion in the Newsletter.



August Birthdays

Clean and Sober

	<u>Years</u>
Charles B.	26
Jerry J.	21
Dee G.	12
Les B.	1
Cody H.	1

Grapevine

	<u>Years</u>
Daryl J.	26
Paul T.	10
Sherry J.	16
Tyler C.	2

Lunch Bunch

	<u>Years</u>
Sherry	15
Corky R.	14
Brian W.	6

Just Stay

	<u>Years</u>
Mary B.	4
Brittany	2
Lana R.	1
Samantha L.	1

Lincoln Group

	<u>Years</u>
Rick J.	36
Melvin W.	9
Rick A.	8
Josh A.	5
Jon R.	5
Karma B.	3

Years

Coffee Break

	<u>Years</u>
James F.	4
Trevor O.	4
Crystal W.	3
Danielle D.	3
Victor C.	3
Shauna K.	3
Loretta R.	2
Tyler C.	2
Kimberly S.	2