

Eastern Idaho Sobriety Corner

July 1

2019

Alcoholics
Anonymous

Step 7- Humbly asked Him to remove our shortcomings.

Tradition 7- *Every A.A. group ought to be fully self-supporting, declining outside contributions.*

Step 7- Spiritual Principle-
HUMILITY – Not proud or haughty; not arrogant or assertive; a clear and concise understanding of what we are, followed by a sincere desire to become what we can be.



Intergroup Officers

Chair:

Jeff S.

Alt. Chair:

Benji P.

Treasurer:

Carol F.
208-844-1365

Secretary:

Teresa D.
210-857-8782

AA Hotline:

Mike C.
208-520-3145

Literature:

Vic S.
208-516-9198

Entertainment Chair:

Teresa D.
210-857-8782

Newsletter:

Teresa D.
aaifnews@gmail.com

Other Contact Information

AA Hotline
208-524-7729

Area 18 Website

www.idahoarea18.org

Newsletter Email List

aaifnews@gmail.com

General Services (GSO) Website

www.aa.org

The Grapevine

www.aagrapevine.org

Al-Anon*522-4947
Alateen* For more info call:
208-521-2235
(*in cooperation, not
affiliation)

District Contact Information

District 6 Chair

Jim T.
208-351-0591

Special AA Committees

Support for individual
Suffering alcoholics is
provided by the following
AA committees:

Hospitals and Institutions (H&I)

H&I Chair/Liaison

Elisa S.
253-217-2010

H&I Secretary

- Open Position

H&I Treasurer

- Open Position

Community Reintroduction Center (CRC) Liaison

Keith J.
208-521-4080

3-B Detention Center Liaison

Mike C.
208-520-3145

Men's Jail Liaison

William L.
208-881-7023

Women's Jail Liaison

Claudia H.
208-525-9290

Wood Pilot/Work Release Liason

Chris P.
208-419-1120

Blackfoot South Liaison

Volunteer Needed

Public Information

CPC/PI

Marvin W.
208-317-7754
aamarv@hotmail.com

.....information continued on
next page

Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

Committee Meeting Schedule – Please attend a District, Intergroup or Committee Meeting to get involved

District 6

1st Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Intergroup

1st Thursday of each month 6:45 p.m. Serenity Hall – Upstairs

IFYPAA

2nd Sunday of each month 2:00 p.m. @The Villa Coffeehouse

CPC/CI Committee

2nd Tuesday of each month 7:00-8:00 p.m. Serenity Hall – Downstairs

Hospitals & Institutions Committee

3rd Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

Addresses

Serenity Hall

600 S Boulevard
PO Box 2237
Idaho Falls, ID 83401

Serenity Hall Information

Henry E – 208-569-0589
Daryl J. – 208-589-5225

Send Contributions to:

Idaho Falls Intergroup Council
PO Box 3486
Idaho Falls, ID 83401-3486

General Services Office
PO Box 459
Grand Central Station
New York, NY 10163 www.aa.org

District 6
PO Box 50443
Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer
PO Box 50323
Idaho Falls, ID 83405

District 6 H&I

PO Box 50572
Idaho Falls, ID 83405

MEETING GROUP	GROUP CONSCIENCE	Celebrate Birthdays
The Buzz	1 st Saturday	
Clean and Sober	3 rd Saturday	Last Saturday
Coffee Break	3 rd Saturday	Last Saturday
Grace & Mercy	1 st Sunday	Varying Sundays
Grapevine	2 nd Sunday	Last Sunday
Great News	3 rd Friday	Last Friday
Happy Meals	2 nd Thursday	Last Thursday
IFYPAA	2 nd Saturday	
Just Stay	1 st Thursday	Last Friday
Lincoln Group		Last Friday
Lunch Bunch	3 rd Friday	Last Friday
New Hope & Inspiration	1 st Monday	3 rd Monday
Progressive Group		Last Saturday
Third Tradition	2 nd Tuesday	Last Tuesday
Turning Point	3 rd Sunday	Last Sunday
Westside	Last Friday	Last Friday

Changes or Additions email
aaifnews@gmail.com

District 6 Meeting Minutes June 4, 2019

Jim T., DCM, opened the meeting at 7:03 pm. John M. read the Twelve Traditions.

Attendees: Jim T. – DCM; Harry H. – Treasurer; Michelle W. – Secretary; Jeff S. – Alt. Intergroup Chair; Joey B. – Great News GSR; John M. – Third Tradition GSR; Cory E. – Alt. DCM; Marjiri M. – Grace & Mercy GSR; Cris W. – Lunch Bunch Alt. GSR.

Cory E., Alt. DCM, presented the Sixth Concept for World Service.

GROUP REPORTS:

Third Tradition: John M., GSR, reported that Third Tradition is moving its meeting location to 570 S. Woodruff Ave., across the street from Smith's Food King and Jack-in-the-Box, beginning July 2, 2019. John also brought a concern to the committee that Idaho Falls' meeting schedule on IdahoArea18AA.org is not being updated to reflect group closures. The DCM appointed a committee to investigate groups which do not have representatives regularly attending the district meeting to address the problem.

Intergroup: Jeff S., Alt. Chair of Intergroup, reported that all of the committee's service positions are filled by representative of two groups. He also reported that one individual currently holds three Intergroup positions because of lack of participation. He made a plea for more participation from Idaho Falls groups because they are not being represented at the monthly Intergroup meetings.

Buzz: Cory E., Alt. DCM, attended the Buzz's Group Conscience and reported that the group has several service positions available to members, many of which are filled, including a greeter. The group also has many activities planned. Furthermore, the group is mulling the idea of hiring a babysitter for meeting times.

SPECIAL SERVICE COMMITTEES:

1. **H&I** (Becky W.): Becky W. was not present because of a work obligation; however, the DCM announced that she has volunteered to fill the H&I Coordinator position for District 6.
2. **CPC/PI** (Marv W.): The CPC/PI Committee is placing literature racks in seven facilities around Idaho Falls. The committee gave a four-person panel presentation to six health classes at Taylorview Junior High and gave literature to 143 students. One student requested a copy of the Big Book, which was provided. The committee has been invited to sit at a conversation table at the Bennion Student Union Building on the Idaho Falls ISU campus on June 20 from 7 pm to 9 pm. As Marv will be out of town that evening, he is seeking volunteers to man the table. If you are interested, contact Marv. The next CPC/PI meeting will be held June 11 at 7 pm, downstairs at Serenity Hall.
3. **Grapevine** (Mark C.): No report.
4. **Archives** (Brian M.): No report.
5. **IFYPAA** (Emily K): No report.
6. **DCM** (Jim T.): DCM gave a report on the highlights of the 2019 Spring Assembly in Boise. Discussion included the pros and cons of holding future assemblies separate from the conventions. The 2019 Fall Assembly will be held in Burley, and the 2020 Spring Assembly, hosted by District 1, will be held in Fort Hall. The 2020 Fall Assembly will be hosted by District 3 and will be located in Boise. Finally, the 2021 Spring Assembly, put on by District 7, will be held at the Shilo Inn in Idaho Falls. The voting body passed a budget, and an amendment to the Area 18 guidelines was defeated.

Treasurer's report was presented by Harry H.

JUNE 2019 DISTRICT 6 TREASURER'S REPORT

(May 2019 Income & Expenses)

Balance Forward:	\$1,444.93	
Income:	\$ +157.48	7 th TRADITION from District 6 Workshop: \$28.00 MEETINGS: New Hope & Inspiration (\$60.00); Great News (\$69.48)
Expenses:	\$ -40.53	#1122: Jeff E., May 11 District Workshop Supplies (-\$40.53)
Current Balance:	\$1,561.88	
Prudent Reserve:	\$ -200.00	
Non-earmarked total:	\$1,361.88	

OLD BUSINESS:

1. None.

NEW BUSINESS

1. Harry H., Treasurer, presented Draft Fiscal Year 2020 Budget for District 6. Accepted as presented.
2. District 6 will elect new trusted servants at the Oct. 1, 2019, meeting for the next service rotation. Please consider standing for election.
3. District 6 committee considering an activity (possibly a dinner with speaker) to introduce newly elected trusted servants.

ANNOUNCEMENTS:

1. **2019 Gem State Roundup**, August 9-11. Riverside Hotel, Boise, ID.
2. 2019 Fall Assembly, October 4-6. Best Western Inn, Burley, ID.

Meeting adjourned at 8:26 p.m.

Intergroup Meeting Minutes – June 2019

Attending: Jeff S.-Alternate Chair, Teresa D.-Entertainment Chair, Carol F.-Third Tradition, Cory E.-Alt. DCM, Terresa S.-Just Stay, Brian M.-Coffee Break, Benji P.-Great News, Laurie C.-guest, Shelia S.-Happy Meals. Jeff S. voted as Chair, Benji P. voted as Alt. Chair, Carol F. voted as Treasurer (pending). There are plenty of volunteers for the AA Hotline...need training for Volunteers. Shelia talked with answering service-cost is \$125 per month. Intergroup needs to have all the representatives present at the monthly Intergroup meeting. Need to provide direct contact with groups to share why it's important to attend the Intergroup meetings. Phone number not transferring over correctly to individual AA Hotline volunteers... find out why. \$337 from Founders Day Picnic - proceeds go to Entertainment. Financial report for Intergroup needs to be more detailed. **Donations-\$71.00 from Great News-THANK YOU**



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asked Him to remove
our shortcomings

Tradition 7 – *Every
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to be fully self-
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**Step 7 Spiritual
Principle**- HUMILITY –
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clear and concise
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The Gift Of Choice

Brian M.
Coffee Break Group

At a Coffee Break Group meeting David C. was sharing about his ability to make choices now that he is sober. His sharing reminded me that this ability is truly one of those gifts of sobriety and one that I sometimes take for granted.

Before I got sober I was locked into a way of thinking and acting that was the opposite of happiness and joy. This condition was so powerful that I didn't even realize that I was a captive of this kind of thinking. My thinking was stuck in a belief that "life is a bitch and then you die." Sounds really depressing to me now but that's where my head was at.

Now that I am sober, I recognize that I have choices in life. They include the choice to be happy, the choice to be honest, the choice to be of service, and the choice to love just to name a few. One might ask, "What makes these choices possible?" Is it due to the maturing process of age? Is it life circumstance? Just what is it?

The Big Book of Alcoholics Anonymous refers to a spiritual toolkit that is part of the AA program. Using this toolkit along with not taking the first drink is the beginning of something not only transformative but also life-saving. This combination of actions is responsible for me enjoying life well beyond my wildest dreams. It has made possible life experiences that I thought were impossible and were even beyond my imagination.

I recently attended the 2019 Idaho Area 18 Spring Assembly Convention in Boise. The two speakers who spoke at the Saturday night banquet meeting and the Sunday morning Spiritual Breakfast meeting helped remind me of how hard earned the gift of freedom is. Both were trapped in a wicked cycle of untreated alcoholism that was interrupted by a daily reprieve thanks to Alcoholics Anonymous. Both of their stories were harrowing and instructional, and both shared what the ongoing solution for them was.

Within me it seems that I have two forces competing with each other to determine my life destiny. One force is based upon both logic and spiritual needs. It is the force that always votes for sobriety. The other force is the one that wants to drink again and to relive the excitement of the past or to create new excitement. It has no recollection of the bad times. These two forces can put me at a standstill of opposition of one another.

As long as I don't take that first drink, I get to cast the deciding vote which way I want my life to head!

Each group should submit monthly Birthdays to aaifnews@gmail.com by the 20th of each month for inclusion in the Newsletter.



July Birthdays

<u>Clean and Sober</u>	<u>Years</u>	<u>Lunch Bunch</u>	<u>Years</u>	<u>Lincoln Group</u>	<u>Years</u>	<u>Coffee Break</u>	<u>Years</u>
Cheryl W.	34	Casey L.	30	Shane A.	33	Dave P.	13
Angela	21	Steve G.	25	Angel F.	21	Dedra B.	10
Mike W.	12	Amy E.	16	Tanya B.	19	Doug P.	9
		Douglas P.	9	Rose T.	15	Steve C.	9
<u>Grapevine</u>	<u>Years</u>	Keith	9	Tracy H.	7	Jim C.	6
Casey L.	30	Carol T.	4	Garrett H.	6	Kip J.	5
Janet K.	8	Ben B.	2			Terra H.	5
Kip J.	5	Nikki P.	1	<u>Just Stay</u>	<u>Years</u>	Jere A.	5
				Della Y.	12	Chelsea N.	5
<u>Third Tradition</u>	<u>Years</u>	<u>Westside Group</u>	<u>Years</u>	Sarah O.	5	Marcy S.	4
Alan C.	24	Chris L.	2	Jarel J.	3	Vern S.	3
		<u>Happy Meals</u>	<u>Years</u>	Teresa D.	2	Chris W.	3
		Diana L.	1			Keshia W.	3
						David C.	3
						Gary G.	3