# Eastern Idaho Sobriety Corner

May 1

Sobriety 2019

Alcoholics Anonymous

<u>Step 5-</u> Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition 5- Each group has but one primary purpose: to carry its message to the alcoholic who still suffers.

# Step 5 Spiritual Principle-

**INTEGRITY** – The quality or state of being complete or undivided; soundness.





# **Intergroup Officers**

Chair:

Elden M. 208-200-1257

Alt. Chair:

Jeff S.

208-380-4155

Treasurer:

Cortney C.

loco-en-cabesa@hotmail.com

**Secretary:** Teresa D.

AA Hotline:

210-857-8782

Mike C.

208-520-3145

Literature:

Vic S.

208-516-9198

**Entertainment Chair:** 

Teresa D. 210-857-8782

Newsletter:

Teresa D.

aaifnews@gmail.com

**Other Contact Information** 

**AA Hotline** 

208-524-7729

Area 18 Website

www.idahoarea18.org

**Newsletter Email List** 

aaifnews@gmail.com

General Services (GSO) Website

www.aa.org

The Grapevine

www.aagrapevine.org

Al-Anon\*522-4947

Alateen\* For more info call:

208-521-2235

(\*in cooperation, not

affiliation)

**District Contact Information** 

**District 6 Chair** 

Jim T.

208-351-0591

**Special AA Committees** 

Support for individual Suffering alcoholics is provided by the following

AA committees:

Hospitals and Institutions (H&I)

**H&I Chair/Liaison** 

Elisa S.

253-217-2010

+&I Secretary- Open Position

**H&I Treasurer** - Open Position

Community Reintroduction

Center (CRC) Liaison

Keith J.

208-521-4080

3-B Detention Center Liaison

Mike C.

208-520-3145

Men's Jail Liaison

William L.

208-881-7023

Women's Jail Liaison

Claudia H. 208-525-9290 Wood Pilot/Work Release Liaison

Chris P.

208-419-1120

**Blackfoot South Liaison** 

Volunteer Needed

**Public Information** 

CPC/PI

Marvin W. 208-317-7754

aamarv@hotmail.com

.....information continued on

next page

# Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

# <u>Committee Meeting Schedule – Please attend a District,</u> <u>Intergroup or Committee Meeting to get involved</u>

## **District 6**

1st Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

# **Intergroup**

1<sup>st</sup> Thursday of each month 6:45 p.m. Serenity Hall – Upstairs

## **IFYPAA**

2<sup>nd</sup> Sunday of each month 2:00 p.m. @The Villa Coffeehouse

# **CPC/CI Committee**

2<sup>nd</sup> Tuesday of each month 7:00-8:00 p.m. Serenity Hall – Downstairs

# **Hospitals & Institutions Committee**

3<sup>rd</sup> Tuesday of each month 7:00 p.m. Serenity Hall – Downstairs

# Addresses Serenity Hall 600 S Boulevard

600 S Boulevard PO Box 2237 Idaho Falls, ID 83401

# **Serenity Hall Information**

Henry E – 208-569-0589 Daryl J. – 208-589-5225

# **Send Contributions to:**

Idaho Falls Intergroup Council PO Box 3486 Idaho Falls, ID 83401-3486

District 6 PO Box 50443 Idaho Falls, ID 83405-0443

Idaho Area 18 Treasurer PO Box 50323 Idaho Falls, ID 83405

# District 6 H&I

PO Box 50572 Idaho Falls, ID 83405

AA Tradition Five

Changes or Additions email

aaifnews@gmail.com

General Services Office PO Box 459 Grand Central Station

New York, NY 10163 www.aa.org

MEETING GROUP	GROUP CONSCIENCE	Celebrate Birthdays
The Buzz	1st Saturday	
Clean and Sober	3 <sup>rd</sup> Saturday	Last Saturday
Coffee Break	3 <sup>rd</sup> Saturday	Last Saturday
Grace & Mercy	1 <sup>st</sup> Sunday	Varying Sundays
Grapevine	2 <sup>nd</sup> Sunday	Last Sunday
Great News	3rd Friday	Last Friday
Happy Meals	2 <sup>nd</sup> Thursday	Last Thursday
IFYPAA	2 <sup>nd</sup> Saturday	
Just Stay	1 <sup>st</sup> Thursday	Last Friday
Lincoln Group		Last Friday
Lunch Bunch	3 <sup>rd</sup> Friday	Last Friday
New Hope & Inspiration	1 <sup>st</sup> Monday	3 <sup>rd</sup> Monday
Progressive Group		Last Saturday
Third Tradition	2 <sup>nd</sup> Tuesday	Last Tuesday
Turning Point	3 <sup>rd</sup> Sunday	Last Sunday
Westside	Last Friday	Last Friday

"Each group has but one primary purpose-to carry its message to the alcoholic who still suffers."

Brian M. Coffee Break Group

"... our Society has concluded that it has but one high mission – to carry the A.A. message to those who don't know there's a way out." (TWELVE STEPS AND TWELVE TRADITIONS, p. 151)

Have you ever been to an AA meeting in which you began to wonder, "Is this really an AA meeting?" You thought this because much of the sharing had nothing to do with alcoholism or the AA solution. There was no mention of the Big Book, the Steps or the other tools in our spiritual toolkit.

We individual members need to help our groups fulfill its primary purpose by carrying the AA message to alcoholics when we share. In doing so does this mean we deliberately ignore those in a meeting who are not alcoholic. NO! What it does mean is that in an AA meeting we need to share our experience, strength and hope and direct it to the still suffering alcoholic.

AA has what are called "outside issues." These are topics or subjects not related to AA's program of recovery that is found in the first 164 pages of the Big Book. Some examples of outside issues are politics, religious preferences, and a host of other subjects that have nothing to do with alcoholism or AA's recovery program.

We do a disservice particularly to the newcomers as well as to other alcoholics when we veer away from the sharing of recovery from alcoholism. Those not familiar with AA and its program of recovery might be turned off from hearing non-alcoholism related sharing thus depriving that person of AA's solution.

I sometimes think back to my first AA meeting. What I expected it would be like and what it was actually like were not even close. For one I expected to hear people in the meeting whine about the evils of alcohol and those who drank. Wrong! What I heard was members sharing about their problems with alcohol and the solution to their alcoholism found in AA.

Not talking about the program of Alcoholics Anonymous during an AA meeting would be like going to the doctor with a broken leg and only talking about fishing or golfing. The need to be AA solution based is critical.

Had I not heard about the exact problem and the exact AA solution I probably would not be sober today. That is why I believe we all must be sensitive and aware of the newcomers in AA meetings. Let us share on the problem of alcoholism and let us share the AA solution, which has been given so freely to all of us.

# SOCK

Step 5 — Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition 5 - Each group has but one primary purpose: to carry its message to the alcoholic who still suffers.

# Step 5 Spiritual Principle-

INTEGRITY - The
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### **District 6 Meeting Minutes**

March 5, 2019

Jim T., DCM, opened the meeting at 7:02 pm. Brad S. read the Twelve Traditions.

Attendees: Jim T. – DCM; Cris – Lunch Bunch GSR; Bryan C. – Turning Point GSR; Emily K. – Buzz GSR/IFYPAA Chair; Joey B. – Great News Alt. GSR; Debbie S. – Westside GSR; Brian M. – Archives Chair; David C. – Coffee Break GSR; Harry H. – Treasurer; Jeff E. – Alt. DCM; Brad S. – New Hope & Inspiration GSR; Michelle W. – Secretary.

Jeff E., Alt. DCM, presented the Third Concept of World Service.

#### **GROUP REPORTS:**

**Turning Point:** Bryan C., Turning Point GSR, reports that his group is struggling with participation, with meetings numbering from five to seven participants on many occasions and Group Consciences consisting of three members. The remaining members are considering dissolving the group because of these reasons.

**Westside:** Debbie S., Westside GSR, reported that her group is also struggling with participation at the meeting and at Group Conscience.

**New Hope & Inspiration:** GSR Brad S. estimates that New Hope & Inspiration's participation is between 30 and 60 people per meeting.

#### SPECIAL SERVICE COMMITTEES:

- 1. **H&I** (Elisa S.): Volunteers are needed to take meetings into the jails.
- 2. **CPC/PI** (Marv W.): The CPC/PI Committee is placing literature in six locations around Idaho Falls. They have also sent letters of introduction and availability to speak to students to five District 91 high schools. The committee has a request from Idaho Falls and Skyline high schools to speak to the health classes (approx. 200 students). The group has been given permission to place a literature rack at an Idaho Falls assisted living facility. Furthermore, CPC/PI members have contacted the Gustafson House to see if information can be provided to their clients. The next CPC/PI meeting is March 12 at 7 pm, downstairs at Serenity Hall.
- 3. **Grapevine** (Mark C.): No report.
- Archives (Brian M.): No report.
- 5. **IFYPAA** (Emily K): The Sober St. Patrick's Day Party will not happen as there is too little time to plan it, so another spring event may have to be planned.

Treasurer's report was presented by Harry H. Accepted as read.

# MARCH 2019 DISTRICT 6 TREASURER'S REPORT

#### (February Income & Expenses)

Balance Forward: \$1,787.82

Income: \$ +5.00 MEETINGS: Great News (\$5.00)

Expenses: \$ - 31.00 #1044: DCM Jan Area Committee Meeting Travel

Current Balance: \$1,761.82 Prudent Reserve: \$ - 200.00 Non-earmarked total: **\$1,561.82** 

## **OLD BUSINESS:**

- 1. District 6 Brainstorming Session results action plan: Ad hoc committee reports were discussed.
  - A. Education ad hoc committee presented its plan for a workshop to educate the Idaho Falls AA population on why district meetings are important. Workshop will be held as a panel discussion on Sat., May 11, 2019, from 2 pm to 4 pm, downstairs at Serenity Hall. A potluck will be held afterward.
  - 3. The Communication ad hoc committee submitted its flyer advertising the District 6 monthly meeting.
- The DCM took questions regarding the General Service Conference Agenda Items. Committee members, along with any other members who are interested, will meet at 11:45 am on Sat., March 9, upstairs at Serenity Hall to summarize input on the Agenda Items.

#### **NEW BUSINESS**

- Jeff E. will not be available to serve as Alternate DCM beginning in June. District 6 is seeking volunteers to stand for election in May/June to fill this open service position.
- 2. A volunteer is needed for the H&I Chair, as Elisa S. is stepping down.

#### **ANNOUNCEMENTS:**

1. General Service Conference Agenda Items Review. Review and response due on or about March 15.

Meeting adjourned at 8:22 pm

# **Intergroup Meeting Minutes- MAR 2019**

Elden M.-Chair, Teresa D.-Entertainment Chair, Gary T.- Grapevine, Cortney C.-Great News, Carol F.-Third Tradition. Bake Sale April 27<sup>th</sup> at Serenity Hall – 1:00pm-4:00pm. Out of the Book new women only meeting-Downstairs Serenity Hall on Monday's at 6:00pm. Guest Speaker for Founder's Day Picnic. Treasurer Report- General Checking:\$367, General Savings: \$276.29, Contributions: Grace and Mercy \$20, Great News \$35.41, Happy Meals \$30 – THANK YOU! Recurring Transaction: From savings to checking \$50 March and April, Century Link-\$53.63, March, April, May – Literature.

Each group should submit monthly Birthdays to aaifnews@gmail.com by the 20th of each month for inclusion in the Newsletter.



# May Birthdays

Clean and Sober	<u>Years</u>	Just Stay	<u>Years</u>	New Hope &	Voors	Coffee Break	<u>Years</u>
				<u>Inspiration</u>	<u>Years</u>		
Josh A.	7	Donna J.	5	Lloyd C.	16	Andy G.	43
Eddie A.	2	Darci M.	2	Nick J.	11	Brian M.	35
Michelle G.	1			Jeff E.	10	Donna J.	7
Paul P.	1			Josh D.	7	Jeff C.	2
				Jeff T.	5		
<u>Grapevine</u>	<u>Years</u>					<b>Third Tradition</b>	<u>Years</u>
Jeff E.	10	Lincoln Group	<b>Years</b>			Rod L.	30
Eddie J.	8	Ginger Z.	46			Carol F.	5
Della D.	2	Ken M.	7			Mark B.	3
Meggan H.	1	Misty P.	5				
		Niko G.	4				
		Raul M.	4				
		Karana E.	3				

# We need volunteers for the AA Hotline!

Please contact Mike C. for more information – 208-520-3145