THE MONTHLY
INTERGROUP NEWSLETTER

#### Eastern Idaho Sobriety Corner

ISSUE 37 VOLUME XXVII JANUARY 2015

"One of the truly great gifts in this Fellowship of mutually concerned people is the gift of the art of listening."

> May 1960 "Where the Words Come From," Spiritual Awakenings





Welcome

2015

#### Hello Friends of Bill W.

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#### AA Hotline 524-7729

Línea directa de hablar español 528-2994

#### Together we can



#### **Intergroup Mission**

#### The purpose of Intergroup is:

To safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups, and perform acts as stated in the by-laws. Officers are elected by sitting Intergroup members; members are selected during "group conscience" meetings of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather, they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership.

#### **Intergroup Officers**

Chair Grandma Sue 1-307-851-4497 Alt. Chair/Literature Ross S.

Treasurer Terry Y.

terry dee@cableone.net

Secretary Chris H. 201-1563

cholden@cableone.net

AA Hotline Yoshi S. 346-2438

yoshithe quarter master@gmail.com

Literature Joe R 270-3495

ritious joker 69 @icloud.com

**Entertainment Chair** 

Liberty P. 201-9811

lpotts@co.bonneville.id.us

Newsletter Christy Mc

aaifnews@gmail.com

#### **Other Contact Information**

#### **AA Hotline** 524-7729

#### Línea directa de hablar español 528-2994

#### **Sobriety corner on the Web**

http://www.idahoarea18aa.org/main/ifalls.htm

#### **Newsletter Email List**

aaifnews@gmail.com

#### General Services (GSO) Website

http://aa.org

#### The Grapevine

http://aagrapevine.org

#### Bridge-the-Gap

258-4060

Al-Anon\* 522-4947

Alateen\* For more info, call: 521-2235 (\*In cooperation, not affiliation)

District 6 Chair Keith J.

Serenity Hall 600 S. Boulevard / P.O. Box 2237 Idaho Falls, ID 83401

Serenity Hall Information

Henry E. 569-0589 Lynn L. 681-2925

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there; and for that, I am responsible.

#### **Special AA Committees**

Besides those already listed, support for individual suffering alcoholics is provided by the following AA committees.

#### HOSPITALS & INSTITUTIONS (H&I)

H&I Chair Secretary Treasurer Marjri Mc. 520-6645

H&I Liaison Marjri Mc. 520-6645

Community Reintroduction Center (CRC)

3-B Detention Center Liaison Mike Carlson 520-3145

Men's Jail Liaison William L. 881-7023

Women's Jail Lisa K. 313-4550

Wood Pilot/Work Release Liaison Buttons B. 208-258-4060

Blackfoot South Liaison Heath D. 243-2441

#### This and That

Step 1: "We admitted we were powerless over alcohol -that our lives had become unmanageable."

#### **Contributions**

Idaho Falls Intergroup Council P.O. Box 3486 Idaho Falls, ID 83401-3486

District 6 P.O. Box 50443 Idaho Falls, ID 83405-0443

District 6 H&I P.O. Box 50572 Idaho Falls, ID 83405

Idaho Area 18 Treasurer PO Box 86 Boise, Idaho 83701

### Intergroup & Committee Business <u>Meetings</u>

District 6 1st Tuesday of each month 7:00 p.m. Serenity Hall - Upstairs

Intergroup
1st Thursday of each month
6:45 p.m. \*Serenity Hall - Upstairs\*

Hospitals & Institutions 3rd Tuesday of each month 7:00 p.m. Serenity Hall - Downstairs CPC/PI Committee
2nd Tue of each month
6-7pm, Serenity Hall-Downstairs

IFYPAA 2nd Sunday of each month 2 pm @The Villa

SOBERLUTION
3rd Sunday of each month
2 pm @ The Villa

Thankfully all the Steps in Alcoholics Anonymous are plural in person. Admitting "we" are powerless over alcohol can break the idea or feeling of isolation. We are not the only ones who suffer. This disease so easily tells us we are unique; no one can possibly understand our feelings or the horrible situations we've survived. Coming into the rooms of recovery can be scary especially when all that we are is threatened. Fortunately the change we fear is ultimately for our good. Hard for a newcomer or old-timer to believe but together we can accept change.

#### **Group Consciences / Birthday Meetings**

Group	<b>Group Conscience</b>	Birthday Meetings
Big Book Study	2nd Monday	Last Monday
The Buzz	2nd Saturday	Weekly
Clean & Sober	3rd Saturday	Last Saturday
Coffee Break	3rd Saturday	Last Saturday
Firth		Last Thursday
Grapevine	2nd Sunday	Last Sunday
Great news	3rd Friday	Last Friday
Group 1		Last Saturday
Happy Meals	1st Thursday	Last Thursday
Just Stay	1st Friday	Last Friday
Lincoln		Last Friday
Lunch Bunch	3rd Friday	Last Friday
New Hope & Inspiration	2nd Monday	3rd Monday
Progressive		Last Saturday
Shoulder to Shoulder	3rd Monday	Last Monday
Turning Point	3rd Sunday	Last Sunday
Westside	2nd Friday	Last Friday

#### Books

Big Book (regular)	\$ 9.50
Big Book (large print)	\$10.30
Big Book (pocket size)	\$ 5.00
Twelve Steps (regular)	\$ 8.90
Twelve Steps (pocket size)	\$ 6.50

Come to Intergroup to prepay and order literature.



#### **Birthdays**

MEMBER	YEARS	MEMBER	YEARS
Clean and Sober	,	Lunch Bunch	
Doug H	30	Corey B	2
John B	24	Jerry W	2
Cherie M	11	Erik M	3
Pamela B	5	Marie N Jim T	7 <b>27</b>
Turner H	3	Monday Night Big	
Rick D	3	Book	
Coffee Break			
Stephan O	1	The Buzz Group	
Deja O	1		
Luke D	1	The Sunlight of the Spirit	
Braquel	2	шо орши	
Jennifer H	3	Turning Point	
Ted E	5		
<b>Great News</b>		Westside Group	
		Mark H	10
		Claudia H	27

**Happy Meals** 6 JoAnn C **Just Stay** Clint C Adrienne B 2 Cassidy 3 James M 3 Renee **Lincoln Group** Roland B Doug W Mark W Jason G 5 Ken C 14 Vicky H 16 Ron H 34

PLANNING
MEETINGS
FOR
CAMPOUT IN
FEBRUARY
AT SERENITY
HALL
JANUARY
THURSDAYS
1/08/2015
1/15/2015
1/22/2015
1/29/2015
6:30 p.m.

Thanks to all who decorated Serenity Hall for Christmas! Great Christmas Party entertainment committee.

If your group wants to participate in AA events come to Intergroup!!!

Just Stay has speaker meeting every 3rd Friday of the month Serenity Hall at 5:30 pm.

#### Please Show Your Gratitude for AA by Volunteering ♥

AA Hotline—call Yoshi S. at 346-2438 Bridge the Gap—call Buttons at 258-4060 Hospitals & Institutions (H&I) Behavioral Health Center—help bring meetings into the BHC where you can model the behaviors that help create a healthy meeting. Local jails—call Men's Jail Liaison, William L. 881-7023 Women's Jail Liaison Lisa K. 313-4550. Newsletter—information for any month's issue is due by the 15th of the previous month. CPC/PI—if you want to help get the AA message out into the community, consider helping in the Cooperation with the Professional Community/Public Information Committee. Call Mark H. at 522-9387.

HAPPY NEW YEAR

Great News Group has speaker meeting every 2nd Friday of the month New Life Church at 7 pm.

#### **Events**

## 1st annual AA Winter Camp Qut

#### February 6th 7th & 8th

Pine Basin Lodge (Swan Valley) Follow the state by 26 to Swan Valley. Turn left at the Swan Valley store onto by 31 to Victor. Go approximately 7 miles. You will see the Lodge on the right. 200 yards off the road.

Speaker Meetings, Sledding, Raffle, and lots of food!

Registration will be \$25 for the weekend

Friday Pot luck Tacos

Saturday Pot luck Spaghetti

All breakfasts will be potluck so call Heather H to see what is needed. 317-2314

There are 30 beds, first come first serve. There is also plenty of room from air mattresses and sleeping bags.

⇒ Please send in register form and money to Liberty (entertainment)



#### 2015 Spring Assembly/Convention [Idaho Area 18]

May 15th – May 17th 2015 Hosted by Districts 6 & 7 Shilo Inn - 780 Lindsey Blvd, Idaho Falls, Idaho (208) 523-0088

Mail with check or money order to: Spring Assembly 2015, PO Box 2682, Idaho Falls, Idaho 83403. For Registration information: Contact Marjri M. at 208-520-6645, <a href="mailto:patmarjri@hotmail.com">patmarjri@hotmail.com</a> or Sally O. at 208-351-4193. For Al-Anon information: Contact Trish O. at <a href="mailto:trish4221@gmail.com">trish4221@gmail.com</a> Extra registration forms are available at

Check here if you areAADCMGSR Area Committee	Al-Anon Delegate/past D	elegate
Name Group		Dist. #
Address City, State, 3	Zip Code	
Phone Email		
Early Registration – Before April 15th	Early Registration	Late Registration
(Early registrants automatically entered for AA raffle)		
General Registration	\$15.00	\$20.00
Saturday Al-Anon luncheon (turkey, bacon, avocado croissant)	\$14.00	\$19.00
Saturday Banquet (sit down dinner with choices of chicken cordon blue,		
bacon-wrapped sirloin, pork loin or portabella mushroom*)	\$23.00	\$28.00
Sunday Spiritual Breakfast (buffet)	\$17.00	\$22.00
"A Night in White" celebration & dance – wear white (white décor)	\$ 3.00	\$ 3.00
Ceramic Coffee Cup	\$ 5.00	\$ 5.00
*Please circle your Saturday banquet preference	TOTAL	TOTAL

#### IF AA Intergroup Meeting Minutes for December 4th 2014

Attendance: Grandma Sue, Chris H., Terry Y., Libertie P., Christy M., Patrick, Yoshi S., Doug P., Ken H, Henry, Jeremy B., Lynn L. Buttons, Susie C., Mandy H. Meeting called to order at 6:45pm and Grandma Sue asked everyone to join in a moment of silence. Daniel read the 12 traditions. Chris summarized the minutes from the November 6th meeting. There were no corrections; Motion passed to accept the minutes.

TREASURER'S REPORT: Terry Y. The General Account balance is \$437. Entertainment is \$524 and the Prudent Reserve is \$250. LIT-ERATURE REPORT: Neither Joe R. nor Ross S. were able to attend. Grandma Sue reported that one case of Big Books had been donated to Literature/Intergroup by the Lincoln Group & Lynn L. and these are now gone. Also an anonymous donation of \$150 was given to Literature before the meeting. Terry will contact Joe R. and let him know that there is now enough money in the General Account to place a \$500 order for Big Books. ENTERTAINMENT REPORT: Libertie Winter Campout planning meetings will be January 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, and 29<sup>th</sup> (Thursdays) 6:30pm upstairs Serenity Hall. The Campout will be February 6-8, 2015, at Pine Basin Lodge in Swan Valley. NEWSLETTER REPORT: Christy M. Please report your group birthdays to Christy (aaifnews@gmail.com or 524-1132) by the 15<sup>th</sup> of each month. The monthly newsletters are available on the Idaho Area 18 website http://www.idahoarea18aa.org/main/ifalls.htm HOT LINE REPORT: Yoshi S. reported that he got a couple new volunteers but certainly could use more; contact him at 346-2438 or email voshithequartermaster@gmail.com if you are willing to help with the Hotline. The "IF Intergroup Hotline Sign-Up Form" is available on the website for download at http://www.idahoarea18aa.org/main/ifalls.htm Yoshi asked that the Group representatives announce to their members that he is updating the "12 Step List"; this is a list of those people (men's list and a women's list) who are willing and able to meet with someone who has called the hotline and is asking for help to quit drinking. If you have any questions – call Yoshi, OLD BUSINESS: After group discussion a motion was made and seconded to establish the Intergroup Prudent Reserve at \$363; this is enough to cover three months expenses as outlined in the Intergroup Guidelines. NEW BUSINESS: The Christmas Decorating Party to decorate Serenity Hall is scheduled December 13th 1:00pm – 4:00pm. Lynn L. asked that volunteers come to help "undecorated" the hall after the holiday so it is not left to only he and Henry. Christmas and New Year alcathon sign-up sheets are now posted on the bulletin board upstairs in Serenity Hall. There is also a sign on the bulletin board downstairs reminding members that we need volunteers to sign-up to chair a session(s). The next Intergroup meeting will be Thursday, January 1st 2015 at 6:45pm. The meeting was adjourned at 7:38 pm. District 6 Meeting- Tuesday, December 2, 2014

#### District 6 Meeting- Tuesday, December 2, 2014

Meeting called to order at 6:59 pm by Keith J. followed by a moment of silence and Serenity Prayer. 12 Traditions read by Jacob H. Attendees Keith J.-DCM, Harry H.- Alt DCM, Bree K- Secretary, Jenn K- The Buzz, Josh D, Carol C- Happy Meals, Jacob H, Shelby M-IFYPAA, Grandma Sue- Intergroup Chair, Debra M- Women In Recovery, Buttons- New Hope and Inspiration, Yosh- Turning Point, Mark H- CPCPI Chair, Marvin -Great News

Treasurer's Report No report. H&I Report Jacob H. is the new H&I Chair for District 6. He is ready to be the hub of communication as the chairperson. Thanks Jacob!! H&I will continue to meet every other month. CPCPI Has AA cards available. They say "If you want to drink that's your business. If you want to stop that's ours." Cards also have the AA hotline phone number on them. Contact Mark H. for meeting time. Grapevine There was no report given by Grapevine. Archive There was no report given by Archive. IFYPAA Had its last wrap up meeting for Soberlution. Now IFYPAA is focusing on the 3rd Annual Sweethearts and Ugly Sweaters dance being held on February 14, 2015. Save the date for this event!! Jenn K. and Josh D. will be the guest speakers from 7-8. Dance to follow shortly after. Any questions please contact Shelby M. IFYPAA is meeting the 3rd week in December at Shelby and Jacob's house.

Old Business: H&I Chairperson- Jacob H. Discussed "The Hand of AA" workshop co-hosted by District 6 and Happy Meals. It was a great event!! We really appreciate all the support from the fellowship! District 6 is dedicating time each month to get familiar with the Traditions. This week we discussed Tradition 11.

New Business: Discussion on '13<sup>th</sup> stepping' and ways to address this topic in our homegroups. Intergroup Christmas Party December 19, 2014. Ham and turkey dinner will be provided, potluck for side dishes. Raffle tickets available, please see Liberty if you have any questions

Motion to close at 7:58

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**Phone Numbers** 

Locations

Alliance Covenant Church 525 S. Boulevard	Behavioral Health Center 2280 E 25th St	Church of the Nazarene	1900 Grandview St.	Denny's Restaurant	950 Lindsay Blvd.	Dixie's Diner	2150 Channing Way	First Evangelical Lutheran Church	455 W Sunnyside Rd	145 Oth Street	Now Life Church	2470 E 42 Stroot Hostoire		Serenity Hall	St Luke's Episcopal Church	270 N Placer Ave	St. Paul's United Methodist	1730 St.Clair Rd / Basement	Trinity United Methodist Church	237 North Water Avenue	Unitarian Fellowship Church -	Downstairs	555 E St		Locations Outside Idano Fans	Firth - Assembly of God Church	235 West Center Street		Pocatello - Bingham Memorial Hospital	98 Poplar Street	Shelley - Community United Methodist
	Type Location		Dixie's Diner	Serenity Hall - Downstairs	Serenity Hall—Downstairs	Holy Rosary Church Annex	Serenity Hall - Upstairs	Bingham Memorial Hospital - Blackfoot	Serenity Hall - Downstairs			Denny's Restaurant	Serenity Hall - Upstairs	Community United Methodist Church—Shelley	St. Luke's Episcopal Church	New Life Church	Serenity Hall - Upstairs	Serenity Hall-Downstairs			Serenity Hall - Downstairs - Bring Your Coffee	Serenity Hall - Downstairs	Dixie's Diner	Serenity Hall - Upstairs				Denny's Restaurant	Serenity Hall - Upstairs	Unitarian Fellowship Church - Downstairs	Serenity Hall - Upstairs
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	Day/Time Meeting Name		Spiritual Breakfast Meeting	Grapevine Group	Twelve Steps to Recovery	Reunion de AA en Espanol	Turning Point Group	Twelve By Twelve Meeting	Progressive Group			Lunch Bunch AA	Women In Recovery Group	Shelly Meeting	Shoulder to Shoulder Group	New Hope and Inspiration Group	Big Book Study Group	Lincoln Group			Grapevine Group	Coffee Break Group	Happy Meals	Just Stay				Lunch Bunch Step Study Meeting	Clean and Sober Group	The Great News (Big Book Study)	Group I
	Day/Time	Sunday	8:30 AM	9:00 AM	11:00 AM	5:00 PM	7:00 PM	7:00 PM	8:00 PM		Monday	11:30 AM	6:00 PM	7:00 PM	7:00 PM	7:30 PM	8:00 PM	8:30 PM		Tuesday	7:00 AM	10:00 AM	11:30 AM	5:30 PM		Wadnas-	dav	11:30 AM	6:00 PM	7:30 PM	8:00 PM

190 S. Holmes Avenue

# Idaho Falls Meetings

Thursday         Grad           7:00 AM         Grz           10:00 AM         Col           11:30 AM         Ha           12:00 PM         Wo           5:30 PM         Jus			
V V V			
V V V	Grapevine Group	0	Serenity Hall - Downstairs - Bring Your Coffee
7	Coffee Break Group	0	Serenity Hall - Downstairs
٧	Happy Meals	0 A	Dixie's Diner / Leo's Place—3rd Thursday
	Women In Recovery	OAW	Serenity Hall - Downstairs
	Just Stay	0	Serenity Hall - Upstairs
7:00 PM Wh	White Knuckle Sobriety Men's Meet- O A M ind	O A M	St. Paul's Methodist Basement
8:00PM Me	Men's Group	0	New Life Church
8:00 PM Pro	Progressive Group	0	Serenity Hall—Upstairs
8:00 PM Firt	Firth Group		Assembly of God Church - FIRTH
Friday			
11:30 AM Lur	unch Bunch AA	0 A	Denny's Restaurant
5:30 PM Jus	Just Stay	0	Serenity Hall - Upstairs
7:00 PM The	The Great News	0	New Life Church
8:00 PM Lin	incoln Group	0	Serenity Hall-Downstairs
8:00 PM We	Westside Group	0	Church of the Nazarene
Saturday			
8:30AM The	The Sunlight of the Spirit	MΟ	Serenity Hall—Downstairs
10:00 AM Coi	Coffee Break Group	0	Serenity Hall - Upstairs
6:00 PM Cle	Clean and Sober Group	0	Serenity Hall - Upstairs
7:00PM The	The Buzz	0	Trinity United Methodist Church
8:00 PM Gro	Group I	0	Serenity Hall - Upstairs

First Tuesday of the Month 7:00 PM Distric

Serenity Hall - Downstairs ပ District 6 Busi-

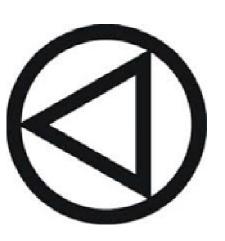
ness Meeting

First Thursday of the Month 6:45 PM Intergra

Intergroup Busi- C ness Meeting

Serenity Hall - Upstairs

# Idaho Falls Intergroup January 2015



AA Hotline: 524-7729

Línea directa de hablar Español: 528-2994

Area Website: www.idahoarea18aa.org

Bridge the Gap: (253) 217-2010

Al-Anon: 522-4947\*Alateen: 521-2235\*

Idaho Falls Intergroup Council PO Box 3486 Idaho Falls ID 83401-3486

\*In cooperation, not affiliation.

A = Handicap Accessible C = Closed Meeting

O = Open Meeting SP = SpanishW = Women

M = Men